

Oxford Place

APARTMENTS

Oxford Place Apartments • 605 Berry Road • Houston, TX 77022

Our Declaration of Dependence

At Oxford Place Apartments, we know how important each individual resident is to our community. Quite frankly, if it wasn't for great people like you, we wouldn't be here! That's why we make every effort to provide you with the comfortable, convenient lifestyle you deserve. If we can ever be of assistance, we hope you won't hesitate to call on us.

One Word on Fireworks...Don't!

The entire staff at Oxford Place Apartments join in wishing you a very safe and Happy Fourth of July! We hope that you will enjoy the many professional fireworks displays that will be put on throughout the city. It is for your protection that we remind everyone that **fireworks are strictly prohibited in our community.** Thank you!

July is National Parks and Recreation Month

It's hard to imagine a world without parks. Fortunately, more communities are realizing the significance of recreation, parks, and open space.

The National Recreation and Park Association says that all across the country, people are seeing the potential of parks and their contributions to a healthy lifestyle.

July is the perfect time to visit a park near you. Take a picnic, visit the playground, play softball or tennis. Or just take a walk and enjoy the trees, flowers, and fresh air.

Fun Factoids for a Festive Fourth

Do you know your U.S. history? Here are some 4th of July facts to ponder and share:

- Three presidents died on July 4th: Thomas Jefferson and John Adams in 1826, and James Monroe, in 1831. Calvin Coolidge was the only president born on July 4th, in 1872.
- The Massachusetts General Court was the first state legislature to recognize July 4th as a state celebration, in 1781.
- The first recorded use of the name 'Independence Day' occurred in 1791.
- The Declaration of Independence was approved in a closed session of the Second Continental Congress on July 2nd, 1776, but most of the delegates didn't sign it until August 2nd. While John Adams expected Americans would celebrate July 2, the date on the publicized copies of the document was July 4, which became the day Americans commonly observed.

Happening in July...

Independence Day, July 4. Celebrate the signing of the Declaration of Independence in 1776 with hot dogs, fireworks displays, and remembrance.

International Kissing Day, July 6. People who study such things say that two-thirds of us tilt our heads to the right when we kiss, and it has nothing to do with whether one is right- or left-handed. This is the day to test that out.

Global Forgiveness Day, July 7. A day to seek peace and ease conflict by forgiving those who have offended or harmed us.

National Ice Cream Month. Established in 1984 by President (and ice cream lover) Ronald Reagan to celebrate the popularity of the tasty dessert. National Ice Cream Day is celebrated on the third Sunday of July as well.



July 2019

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Lifestyle

YOUR COMMUNITY STAFF

Patrizia McQueen

Property Manager

Betty Washington

Assistant Property Manager

Tiffany Joseph-Roby

Leasing Consultant

Steven Zayas

Lead Maintenance

Alvin Cowright

Assistant Maintenance

Esmeralda Laura

Maintenance Technician

Phillis Wilson

Resident Council President

Tosha Mack

Resident Coordinator

OFFICE HOURS

Monday thru Friday

8:00 am–5:00 pm

Saturday

Closed

Sunday

Closed

CONTACT DIRECTORY

Management Office

(713) 884-8235

Precinct 6

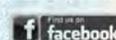
(713) 923-9156

HPD

911



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How to deal with a messy roommate



How to stop robocalls

Does your recent calls list have more unknown numbers than calls from friends and family? Try these easy ways to reduce the spam.

- **Get registered.** You first want to get your number on the National Do Not Call Registry (DoNotCall.gov) so that any law-abiding telemarketers know they are unwanted before they even try to dial your number.

- **Block away.** The easiest thing to do is pull up your recent calls list, find the offending number, tap into its info, and select the option to block it.

- **Contact your carrier.** Several cell phone carriers have their own way of blocking unwanted calls, such as AT&T's Call Protect app, Verizon's free Call Filter service, and T-Mobile's series of scam protection tools.

- **Get the app for that.** Apps like Nomorobo and Hiya tap into their own databases of known scammers and spoofers to prevent their calls and texts from ever reaching your phone.

- **Ghost 'em.** If all else fails, let every unrecognized number go to voicemail. Connecting with a robo-caller lets it know you have a working phone number, so it will likely call again and again.

If you and your roommate don't quite see eye to eye on what's messy and what's not, the discord could make your living situation unbearable. Before it goes too far, clean up any potential chaos with these actionable tips.

- **Be realistic.** You're bound to be disappointed if you expect to keep 100% of a shared residence exactly the way you like it. Try not to worry about the mess in your roommate's room and focus solely on your shared spaces when you speak about the issue. Whatever you do, steer away from an accusatory tone. Instead, aim for an honest, yet positive conversation.

- **Sweep in some compassion.** You might assume your room-

mate leaves his stuff lying around because he just doesn't care—about the home, his things, or even you—but it's possible he isn't aware of the epic mess left in his wake. It could be that's his nature, or he's preoccupied with work stress, relationship problems, or family hardships. There's no need to play armchair therapist, but adding a touch of compassion as you try to understand what's going on in his life will help you approach the cleanliness issue from the best—and most successful—angle.

- **Do a clean exchange.** If your roommate has a lot on her plate (or is genuinely not good at cleaning), offer up a duty swap. Take on more of the clean-

liness chores in exchange for her covering other roles like grocery shopping or sorting the bills. Determine your strengths and weaknesses as a pair and then fill in the spaces where the other lacks.

- **Call in the pros.** If you just don't have the time to take on more cleaning responsibilities yourself—or the mess has gotten insurmountably bad—you can always seek professional help. If you can afford to split the bill for a one-time cleaning session, it can get your home back to square one. Or, if clutter is the issue, share the cost of a storage unit. Seeing the place reach its cleanest potential just might inspire your roommate to keep it that way.



Fresh or frozen? The choice is yours

Mom may have told you over and over again to eat fruits and vegetables that are fresh, but nutrition experts say that frozen produce isn't necessarily inferior. According to *The New York Times*, most nutrients are surprisingly hardy: Iron, for example, stands up to freezing quite well, and fiber does its job whether it's frozen or fresh.

Scientists at the University of California-Davis analyzed the vitamin content in several different varieties of fresh and frozen produce, including blueberries, broccoli, carrots, spinach, and strawberries. They found no significant differences between fresh and frozen items, and even discovered that frozen broccoli contains more riboflavin—a B vitamin—than the fresh selection. Similarly, frozen blueberries have more vitamin C than fresh.

Experts recommend looking for produce frozen using the IQF process—individually quick frozen—for the highest quality.



ONCE UPON A TIME IN HOLLYWOOD Quentin Tarantino's film visits 1969 Los Angeles, where everything is changing, as TV star Rick Dalton (**Leonardo DiCaprio**) and his longtime stunt double Cliff Booth (**Brad Pitt**) make their way around an industry they hardly recognize anymore.



SPIDER-MAN: FAR FROM HOME Peter Parker's (**Tom Holland**) relaxing European vacation takes an unexpected turn when Nick Fury (**Samuel L. Jackson**) suddenly shows up in his hotel room. Parker soon finds himself donning the Spider-Man suit to help Fury stop the evil Mysterio (**Jake Gyllenhaal**) from wreaking havoc across the continent.

THE LION KING Disney completes the circle of life for its 1994 animated classic as 'The Lion King' is reimagined in live-action form. Featuring the voices of **Donald Glover, Beyonce, Seth Rogen, and Chiwetel Ejiofor**. Set on the African savannah, the story told of a young lion named Simba who is cast out into the wilderness after his father, Mufasa (reprised by **James Earl Jones**), is killed by his evil uncle Scar. Years later, Simba returns to reclaim his throne.

SWORD OF TRUST When Cynthia & Mary (**Jillian Bell & Michaela Watkins**) show up to collect Cynthia's inheritance from her deceased grandfather, the only item she receives is an antique sword that was believed by her grandfather to be proof that the South won the Civil War.

STUBER When a mild-mannered Uber driver named Stu (**Kumail Nanjiani**) picks up a passenger (**Dave Bautista**) who turns out to be a cop hot on the trail of a brutal killer, he's thrust into a harrowing ordeal where he desperately tries to hold onto his wits, his life and his five-star rating.

BRAHMS: THE BOY II Unaware of the terrifying history of Heelshire Mansion, a young family moves into the estate, where their young son soon makes an unsettling new friend, an eerily life-like doll he calls Brahms.

BOTTOM OF THE 9TH A tragic mistake lands 19 year old baseball phenom Bobby Stano (**Joe Manganiello**) in jail before his burgeoning professional baseball career gets off the ground. Now at 39 and fresh out of prison he works to win back his respect, his family, his lost love and his dream of being a professional baseball career. **Sofia Vergara** also stars.

THE ART OF SELF DEFENSE After he's randomly attacked on the street, Casey (**Jesse Eisenberg**) enlists in a local dojo in an effort to learn how to defend himself. What he uncovers is a sinister world of fraternity, violence and hypermasculinity and a woman (**Imogen Poots**) fighting for her place in it. Casey undertakes a journey, both frightening and darkly funny, that will place him squarely in the sights of his enigmatic new mentor.

ASTRONAUT Angus (**Richard Dreyfuss**), a lonely widower, has his long-extinguished dream to become an astronaut reignited when a national competition is announced. The prize? One ticket for a trip to space! Way over the age-limit, Angus alters his birthdate so he can enter the competition. Against all odds, but with help coming from his dysfunctional family, he must battle against preconceptions, ill health and time, to win the ticket and take the trip of his dreams.

BETHANY HAMILTON: UNSTOPPABLE Bethany Hamilton lost her arm to a tiger shark at age 13, but this didn't stop her from pursuing her dream of becoming a professional surfer. However, it wasn't only the competition that fueled her desire to stay in the big blue, but her love for the ocean. Not only has she conquered the giant walls but also the journey of being a mother--all with only one arm. She inspires and she never stops.

HOME ENTERTAINMENT RELEASES

July 2	The Best of Enemies
July 9	Pet Sematary
July 9	Little
July 16	Shazam!
July 30	Ugly Dolls

Rocket's Red Glare Not Allowed!



For the safety of all our residents, fireworks of any kind are **strictly prohibited** in our community.

Please note that this ban also includes sparklers!



	monday	tuesday	wednesday	thursday	friday	saturday
	1 International Joke Day	2 I Forgot Day	3 Compliment Your Mirror Day	4 Independence Day Have a Safe & Happy Fourth!	5 Bikini Day	6 Take Your Webmaster to Lunch Day
sunday	7 Global Day of Forgiveness	8 July is National Ice Cream Month	10 July is National Picnic Month	11 Cheer Up the Lonely Day	12 Etch a Sketch Day	13 Embrace Your Geekness Day
	14 Shark Awareness Day	15 National Give Something Away Day	16 July is National Cell Phone Courtesy Month	17 World Emoji Day	18 Mandela Day	19 Talk in an Elevator Day
	21 Junk Food Day	22 Creme Brulee Day	23 Peanut Butter and Chocolate Day	24 Drive-Thru Day	25 Hot Fudge Sundae Day	26 Aunt and Uncle Day
	28 National Waterpark Day	29 International Chicken Wing Day	30 Share a Hug Day	31 World Ranger Day		

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